

# FSW20300 Bench



The Straight Bench is perfect for training the core with lower back and ab exercises such as leg lifts and sit ups. The durable Ekogrip® surfacing offers perfect grip, allowing the bench to be used as a jump box for performing various step and jump exercises under all weather conditions.

<b>Product Line</b>	Outdoor Fitness
<b>Category</b>	Cross Training
<b>Age group</b>	13+
<b>Max. fall height (CM)</b>	63
<b>Total height (CM)</b>	81
<b>Safety Zone</b>	14 m2

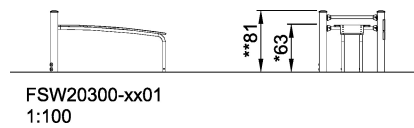
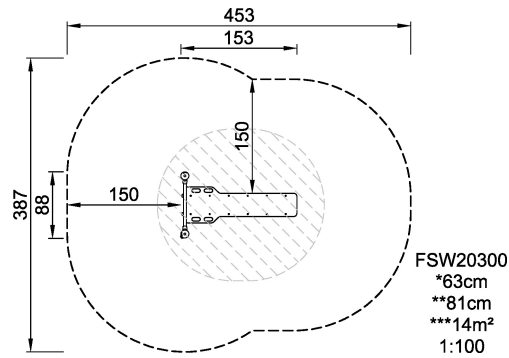


**SUR-  
FACE**

**IN-  
GROU.**



**ASTM**



\* = Highest designated play surface.  
\*\* = Total height of product.

<b>Weight/heaviest parts</b>	kg.	<b>Installation (Manpower)</b>	1 Persons
<b>Concrete required</b>	NaN m <sup>3</sup>	<b>Installation (Hours)</b>	2 Hours
<b>Foundation amount/footing</b>	NaN	<b>Excavation</b>	NaN m <sup>3</sup>