



_AHREND 190

The logo for ahrend, featuring the brand name in a red, lowercase, sans-serif font. Above the letter 'r' is a small red crown icon.

AHREND 190, A COLOURFUL APPROACH TO SEATING

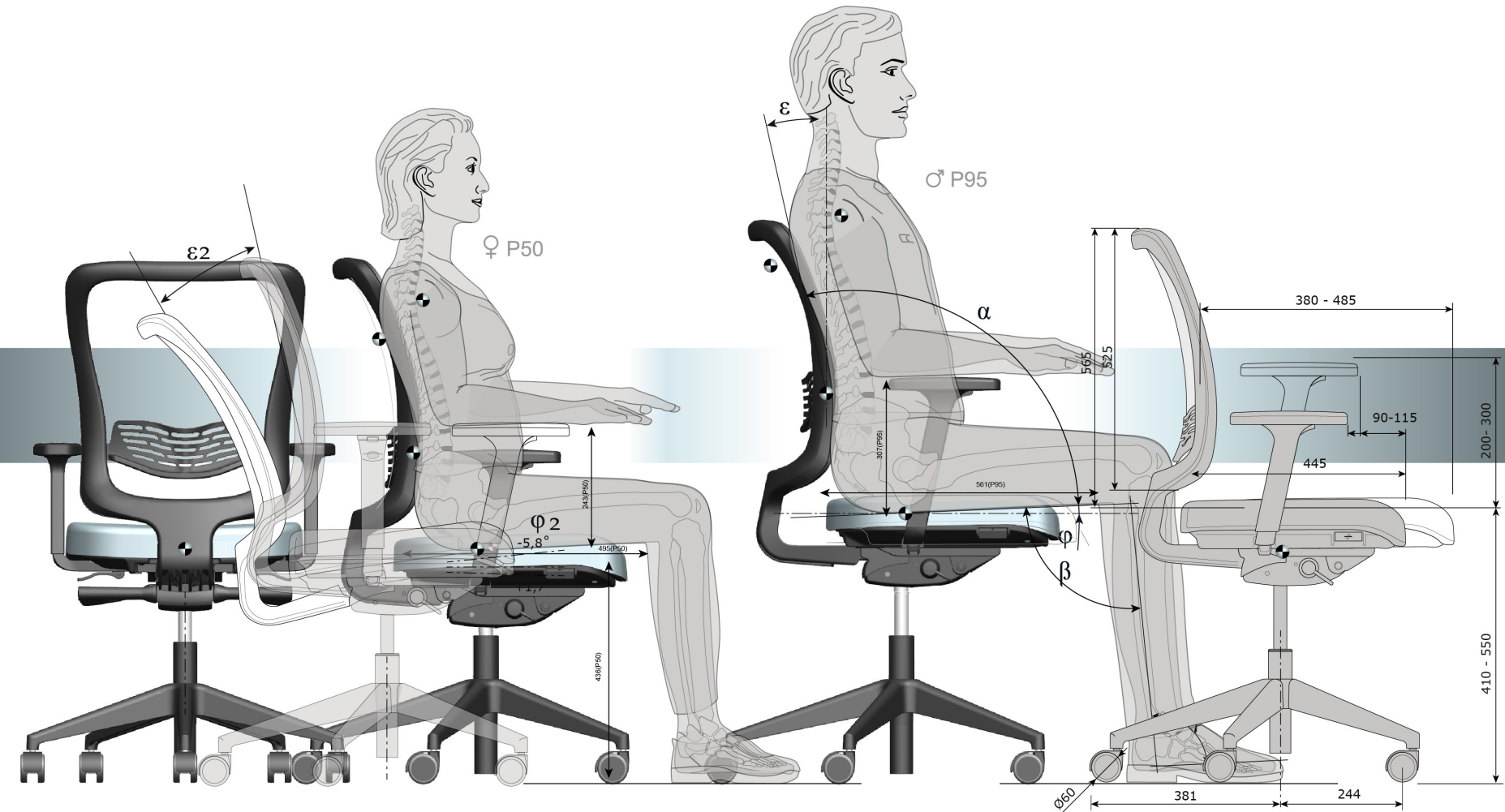


The lumbar support gives the Ahrend 190 its signature look.

A colourful appearance

The very comfortable Ahrend 190 is a colourful addition to the Ahrend office chair range. The individually adjustable lumbar support aside, this comfort can be found in the mesh backrest that perfectly supports and moulds itself according to your back. The automatic synchronised movement mechanism ensures that the backrest and seat follow your body when you move.

The five mesh colours can be combined any way you choose together with the dozens of colours available for the upholstered seat. Furthermore, you can also mix and match all the other different components of the chair – a feature that, together with the lumbar support providing the highly visual emphasis, gives the Ahrend 190 its playful and colourful character.



Ergonomics: a human-based design

People come first at Ahrend, therefore fostering a correct, healthy sitting posture is a major concern. As a result, we test the ergonomics for all our products. Ergonomics is the scientific study of people in relation to their environment, which helps to further health and safety amongst staff and allows them to work comfortably and efficiently. Movement is essential to good physical condition, which can be facilitated during working hours by sitting actively. But dynamic sitting will only bring benefits when coupled with a correct, well-balanced and controlled posture, a concept perfectly illustrated by Ahrend's office chairs, which not only comply with all Dutch and European standards, but actually exceed them. Images on the chair itself ensure that your staff will quickly and easily learn all available settings.

The points of departure for Ahrend's ergonomic vision:

- › active sitting
- › automatic comfort



ERGONOMICS: A HUMAN-BASED DESIGN

THE AHREND 190 HAS A POSITIVE AFFECT UPON THE WORK ENVIRONMENT



- › a self-adjusting and synchronised movement mechanism
- › the seat and backrest follow the body as it shifts position
- › can be locked in various positions
- › can be adjusted while sitting
- › the mechanism's counter-pressure is automatically adjusted
- › spring resistance: each individual can adjust the chair so that it feels just right for him or her
- › recoilless (synchronised mechanism)
- › exceeds all standards
- › intuitive controls



The Ahrend 190 and ergonomics

The Ahrend 190 contributes significantly to the health of your staff and to them working in comfort, making it a critical factor when it comes to both long-term employability and worker satisfaction. When an employee's back is well-supported, he or she is sitting in comfort. The mesh backing follows the back's contours, allowing every person – irrespective of their height or weight – to work in comfort, thus fostering physical and psychological well-being. A perfect illustration of the fact that the Ahrend 190 has a positive influence upon the work environment.

Thanks to the extensive adjustability of the chair, the Ahrend 190 can provide the right support for all parts of the body. It has an automatic synchronised movement mechanism, so that the backrest and seat adjust in accordance to each other and follow the body. The mechanism can also be locked at different settings. Meanwhile the height-adjustable lumbar support gives the lower back additional support.

CREATE YOUR OWN STYLE



5 Netweave colours



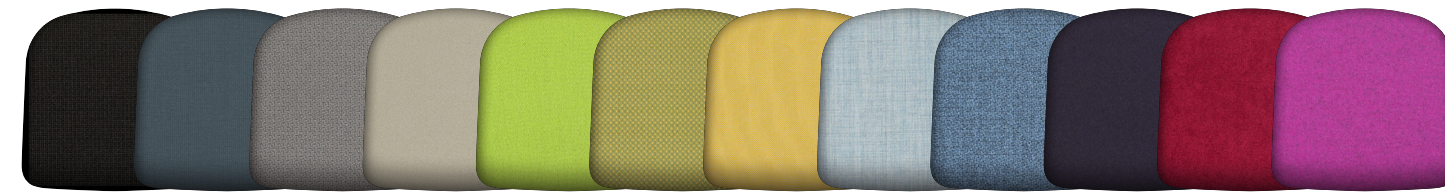
3 Armrests



3 Wheels



2 Lumbar support colours



12 Fabric types, 124 colours



3 Star base colours

40,000
POSSIBILITIES

ANY
COMBINATION
YOU WANT

Thanks to the five mesh colours available for the Ahrend 190, the user can select from a huge variety of combinations. The following choices are available:



Classic, neutral and professional black



Modern, high-tech and sheer silver



Serene, creative and stable light-blue



Cheerful, pure and energetic lime



Strong, warm and young ruby red



Mesh backrest

- > semi-transparent black (standard)
- > four-colour semi-transparent

Lumbar support

- > black (standard)
- > white

Seat upholstery

- > The Ahrend upholstery range (standard)



Star base

- > black plastic (standard)
- > aluminium painted in the colour of your choice
- > polished aluminium



Wheels

- > black (standard)
- > black with a white tinge



FUNCTIONAL AND VERSATILE

The Ahrend 190 can be completely personalised according to your wishes, and is fully adjustable.

Here are all the options available:

- › fixed back height
- › with or without height-adjustable lumbar support
- › adjustable seat depth
- › no armrests or two types of adjustable armrests
- › synchronised mechanism
- › gas spring to adjust the seat height
- › plastic or aluminium five star base
- › standard or white-tinged wheels



1. Easy and quick to set
2. Comfortable height-adjustable lumbar support
3. Height, breadth and depth of the turnable armrests can be adjusted
4. Backrest available in five mesh colours
5. Plastic or aluminium five star base
6. Can be fully personalised

FULLY INDIVIDUALLY
ADJUSTABLE AND
ADAPTABLE



Designer Kees de Boer

"Lower back support is crucial for people who sit a great deal at a desk. The automatic comfort offered by the Ahrend 190's mesh backrest and the additional lumbar support ensure that this is the case.

The prominent design gives the chair a character all of its own, while the two colour options for the lumbar support further emphasise that visual character. The colourful Ahrend 190 is not only comfortable and good for the sitter, it also adds a certain something to the appearance of any office."

Basic model

- > easily settable basic office chair
- > automatic synchronous mechanism
- > black mesh backrest
- > adjustable seat depth
- > height-adjustable armrests
- > padded tops of armrests

Features

- > height-adjustable seat
- > height adjustable lumbar support
- > synchronised locking in various settings
- > plastic five star base with hard wheels
- > black plastic components

Options

- > multiple mesh colours
- > white plastic lumbar support
- > additional seat heights
- > further seat depth settings
- > height, width and depth of turnable armrests can be adjusted
- > polished armrest brace
- > powder-coated or polished aluminium star base
- > soft wheels
- > white-tinged wheels
- > plastic glides
- > plastic felt-line glides

The Ahrend 190 in brief



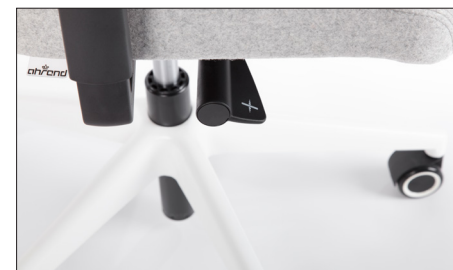
Design: a pronounced and playful design



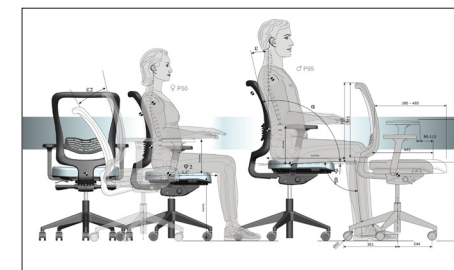
Modular: the Ahrend 190 can be fully personalised and individually adjusted



Its ergonomics exceeds European standards and the Dutch guidelines



Intuitive controls and handy manual with images



Dynamic sitting with a self-regulating movement mechanism and automatic comfort



Sustainable: Cradle-to-cradle production methods



Ahrend. Humanising_Spaces



Ahrend. A Cradle to Cradle company.
Creating safe products and healthy environments.

www.ahrend.com